SUMMER OF SOPHOMORE YEAR
✓ CHECKLIST FOR SUCCESS

SOCIAL
✓ Set goals for getting involved… What clubs/activities did you want to join and didn’t this year?
✓ Make a plan to attend the ‘Activities Fair’ in the fall.
✓ Think about a leadership role you can take on or off campus.
✓ Start to think about friendships over the past year. Which ones are important for you and which ones may not be as healthy or as aligned with your own goals as you would like?
✓ Communicate with other sophomores about goals, plans, hopes and fears. Know you are not alone.

ACADEMIC
✓ Set a goal to attend events in the fall that help you get ahead–resume workshops, the career symposium, study abroad fair, networking knights, YOU COUNT! Programs, etc…
✓ Why should you do an internship? What are the benefits? Make an appointment in Career Development to talk about it in September.
✓ What is this Experiential Learning requirement? How does it apply to you? Are you already doing something that will apply? Connect with the Center for Community Engaged Learning to explore the many opportunities that exist.
✓ Find out about research opportunities during the summer or academic year.
✓ Do you want to study abroad? Connect with someone in the Study Abroad Office or attend the Study Abroad Fair in the fall.
✓ If you are an Exploratory Major, make an action plan to solidify your major in the fall.
✓ Stay connected to your Academic Advisor. Email them over the summer.

WELLNESS
✓ Make sure to rest and recharge over the summer.
✓ Get at least 8 hours of sleep a night.
✓ Take time for yourself.
✓ Stay active.
IMPORTANT RESOURCES FOR YOU

OFFICE OF NEW AND SOPHOMORE STUDENTS AND PROGRAMS, ALLIOT HALL
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CENTER FOR COMMUNITY-ENGAGED LEARNING/EXPERIENTIAL LEARNING REQUIREMENT
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STUDY ABROAD OFFICE, KLEIN HALL
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