

**Saint Michael's College – Bergeron Wellness Center**  
**COVID-19 Tested for Symptoms Letter – updated 2/26/21**

Dear Student,

You are awaiting test results for COVID due to symptoms of illness that **may or may not be due to COVID**. We want to provide information and reassurance at this time. Please take a moment to breathe and remember, this is not unusual in a pandemic. This is why we test students frequently--so we can initiate a plan swiftly to control the spread of the virus. We are fully prepared to support you during this time.

Here is important information:

1. Additional information is included with this email (Roommate information, Quarantine/Isolation Packing List, Important phone numbers/websites).
2. You will need to quarantine until your test results return and are negative. Results usually take 36-48 hours but are sometimes delayed due to a high volume of testing. While you wait for results, you'll be moved to a quarantine dorm (Ryan). The Associate Dean (AD) on call will be in touch to assist with your move. In the meantime, please look at the COVID Educational Packet for a **Quarantine/Isolation Packing List** and begin to prepare for your move. Meals will be delivered to you while in quarantine and specific dietary needs will be met. The quarantine dorm kitchens are stocked with snacks and drinks for your use.

Some students prefer to go home (if nearby) to quarantine. However, we follow the Vermont Department of Health Guidelines and strongly advise that you stay on campus in order to protect family members from possible transmission. If you do prefer to go home, please let us know and we can talk about what this will mean.

3. Quarantine means that you stay in your single room with the door closed at all times. If you leave your room, wear a mask and maintain 6 feet of distance from other quarantining students. Do not invite other students/visitors to enter the quarantine dorm. Do not leave the quarantine dorm at any time (except for an emergency). Please use the cleaning supplies provided to wipe down kitchen and bathroom surfaces after use.
4. If your test results are negative, you may return to your dorm and all on-campus activities. If your test result is positive, you will be moved to an isolation dorm for 10 full days.
5. Symptomatic students who were diagnosed with COVID within the last 90 days will be required to isolate for 10 days. Testing is not indicated for this group of students. Symptomatic students who were diagnosed with COVID more than 90 days ago will be tested and quarantined pending test results. Positive test results may represent new infection and isolation for 10 days is required.
6. If you have received two doses of the COVID-19 vaccine AND 14 days have passed since the second dose, you can still take a COVID test when symptomatic and will be asked to quarantine while awaiting results.
7. Counselors are available to support you by ZOOM or phone call during this time. You can call Bergeron Wellness Center at 654-2234 to schedule an appointment.

The staff at Bergeron Wellness Center and your entire SMC community are thinking of you and wishing you well.