

Saint Michael's College – Bergeron Wellness Center
COVID-19 Tested for Symptoms Letter – updated 8/24/21

Dear Student,

You have indicated that you have symptoms of illness that may or may not be due to COVID. We want to provide information and reassurance at this time. Please take a moment to breathe and remember, this is not unusual in a pandemic. This is why we test students frequently--so we can initiate a plan swiftly to control the spread of the virus. We are fully prepared to support you during this time.

Here is important information:

1. Additional information is included with this email (Roommate information, Quarantine/Isolation Packing List, Important phone numbers/websites).
2. **Vaccinated Students:** If you are FULLY vaccinated, and are feeling unwell, you will be tested with a rapid antigen test at the Bergeron Wellness Center. If this is negative, a PCR test will be sent for processing. If the rapid antigen test is negative, you may return to your residence hall while you await further test results, but should refrain from other clubs, activities and classes. If the rapid antigen test is positive, you will be moved to isolation housing. Isolation lasts 10 full days.
3. **Unvaccinated Students:** If you are unvaccinated, and are feeling unwell, you will be tested with a rapid antigen test at the Bergeron Wellness Center. If the rapid antigen test is positive, you will be moved to isolation housing for 10 full days. If the rapid antigen test is negative, you will be moved to quarantine housing while awaiting PCR test results (generally takes 2-3 days). If the PCR is positive, isolation housing will last 10 full days. If your PCR test result is negative, you may return to all on-campus activities.
4. If you are being moved to quarantine or isolation housing, The Associate Dean (AD) on call will be in touch to assist with your move. In the meantime, please look at the COVID Educational Packet for a **Quarantine/Isolation Packing List** and begin to prepare for your move. Meals will be delivered to you while in quarantine and specific dietary needs will be met. The quarantine dorm kitchens are stocked with snacks and drinks for your use.

Some students prefer to go home (if nearby) to quarantine or isolate. However, we follow the Vermont Department of Health Guidelines and strongly advise that you stay on campus in order to protect family members from possible transmission. If you do prefer to go home, please let us know and we can talk about what this will mean.
5. Quarantine means that you stay in your single room with the door closed at all times. If you leave your room, wear a mask and maintain 6 feet of distance from other quarantining students. Do not invite other students/visitors to enter the quarantine dorm. Do not leave the quarantine dorm at any time (except for an emergency). Please use the cleaning supplies provided to wipe down kitchen and bathroom surfaces after use.
6. Symptomatic students who were diagnosed with COVID within the last 90 days will be required to isolate for 10 days. Testing is generally not indicated for this group of students (but might be undertaken with guidance from local health department authorities). Symptomatic students who were diagnosed with COVID more than 90 days ago will be tested and quarantined pending test results. Positive test results may represent new infection and isolation for 10 days is required.
7. Counselors are available to support you via ZOOM or phone call during this time. You can call Bergeron Wellness Center at 654-2234 to schedule an appointment.

The staff at Bergeron Wellness Center and your entire SMC community are thinking of you and wishing you well.

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