**Isabella Sosa**

Burlington, VT

(802) 000-0000 | isosa@mail.smcvt.edu

**Human services-focused professional possessing strong experience working with students with learning differences, behavioral challenges, and mental health issues.**

**EDUCATION** Saint Michael’s College, Colchester VT

B.A. in Psychology, May 2021

Minor in Spanish

GPA in Major: 3.3 Cum. GPA: 3.25

Saint Michael’s College Scholarship

Relevant Courses: Theories of Counseling Child Development

Abnormal Psychology Social Psychology

Drugs and Behavior Behavioral Neuroscience

**HUMAN** Practicum, Team Phoenix, Winooski School District, Winooski, VT

**SERVICES** Acquired experience in an alternative & ABA-oriented therapeutic classroom, working with

**EXPERIENCE** children in grades 5-8, presenting with childhood depression, autism, ADHD, anxiety, childhood trauma, and oppositional defiance disorder. Provided assistance with classroom assignments and with activities designed to develop self-regulating strategies. Worked one-on-one and in small groups. Participated in weekly clinical meetings to evaluate student progress and in parent-teacher conferences. Fall 2020-Spring 2021

Staff Attendant, Baird Center for Families and Children, Burlington, VT

Oversaw children ages 6-15 in a highly structured residential program for children with behavioral challenges. Facilitated afterschool activities, mentored individuals, and served as a role model on social and academic issues. Spring 2020

Mentor, Saint Michael’s College International Outreach Mentor Program. Served as a companion to an elementary school student from Zimbabwe, adjusting to life in the U.S. Planned activities and answered questions on various customs.

Spring 2018-Spring 2019

**EMPLOYMENT Camp Counselor**, YMCA, Burlington, VT; Summers 2018-Present

**Sales Associate**, UnderArmour, Essex, VT; Ongoing part time, 2018-Present

**VOLUNTEER Rescue Volunteer**, Saint Michael’s College Fire and Rescue, Fall 2018-Present

**Volunteer**, Relay for Life, Burlington, VT, 2013-2015

**SKILLS •** Adult, child, and infant CPR; First Aid; emergency medicine; national EMT certification

**•** Strong interpersonal skills; able to work effectively as part of team

**•** Familiar with ABA protocols and procedures around child behavior management

**•** Proficient in MS Word, PowerPoint; working knowledge of Excel