

Fall 2022 Programs

Wednesday August 31	▶ Information and Pizza on Library Lawn
Saturday September 3	▶ Day Hike ▶ First Year and Transfer Student Sea Kayak
Sunday September 4	▶ First Year and Transfer Student Rock Climbing ▶ Fundamentals of Mountain Biking
Tuesday & Wednesday September 6 & 7	▶ Mountain Leader Course Information 7 pm International Commons
Saturday September 10	▶ Fundamentals of Rock Climbing ▶ First Year and Transfer Student Day Hike
Sunday September 11	▶ Fundamentals of River Kayaking ▶ First Year and Transfer Student Mountain Biking ▶ Day Hike
Tuesday & Wednesday September 13 & 14	▶ Mountain Leader Course Starts
Saturday September 17	▶ Fundamentals of Canoeing ▶ Day Hike ▶ Whitewater Rafting
Sunday September 18	▶ Fundamentals of Rock Climbing
Saturday September 24	▶ Fundamentals of Mountain Biking
Sunday September 25	▶ Day Hike
Saturday October 1	▶ Women's Only Rock Climbing ▶ Day Hike
Sunday October 2	▶ Fundamentals of Mountain Biking ▶ Fundamentals of Recreational Kayaking
Saturday October 8	▶ Fundamentals of River Kayaking ▶ Fundamentals of Mountain Biking
Sunday October 9	▶ Fundamentals of Rock Climbing ▶ Day Hike
Saturday October 22	▶ Fundamentals of Sea Kayaking
Sunday October 23	▶ Day Hike
Saturday October 29	▶ Day Hike
Saturday & Sunday November 5 & 6	▶ Wilderness First Aid
Wednesday November 30	▶ Sugarbush Pass Sales End

Winter 2023 Programs

Saturday January 21	▶ Fundamentals of Ice Climbing ▶ Sugarbush Bus
Sunday January 22	▶ Day Hike
Saturday January 28	▶ Day Hike ▶ Sugarbush Bus
Sunday January 29	▶ Fundamentals of Mountaineering
Saturday February 4	▶ Fundamentals of Mountaineering ▶ Sugarbush Bus
Sunday February 5	▶ Women's Only Ice Climbing ▶ Day Hike
Saturday February 11	▶ Day Hike ▶ Sugarbush Van
Saturday February 18	▶ Day Hike
Sunday February 19	▶ Sugarbush Van
Saturday February 25	▶ Fundamentals of Backcountry Skiing and Riding ▶ Fundamentals of Ice Climbing ▶ Day Hike
Sunday February 26	▶ Day Hike
Saturday March 4	▶ Fundamentals of Mountaineering ▶ Day Hike
Sunday March 5	▶ Fundamentals of Backcountry Skiing and Riding
Saturday-Sunday March 11-19	▶ Spring Break: Rock Climbing in Utah



The
Adventure Sports Center
SAINT MICHAEL'S COLLEGE

Interested in Learning More?

- ▶ Drop by the Adventure Sports Center Office on the Ground Floor of Alumni Hall North. Monday-Thursday: 10 am - 2 pm and Friday: 10 am - 12 noon
- ▶ Follow us on Instagram @smcadventure
- ▶ Like the Adventure Sports Center on Facebook
- ▶ Sign up for the Adsports email distribution list
- ▶ Grab a "Guide to Adventure" for in-depth descriptions.

What's Included on Trips:

- ▶ State of the sport instruction from our student instructors and professional staff
- ▶ Transportation
- ▶ Technical equipment and clothing

Sign Up

- ▶ Registration for all programs starts 3 weeks before the trip at the Adventure Sports Center Office.
- ▶ Payments (Cash, Knight Card, Credit/Debit Card) due at registration.
 - Hikes: \$5
 - Kayaking, mountain biking, climbing: \$15
 - Whitewater Rafting: \$105

Sugarbush Passes

- ▶ Sales of Sugarbush Passes occur early October until Wednesday, November 30th.
- ▶ Check your smcvt.edu email and follow our social media to learn more.

Mountain Leader Course

- ▶ Learn to go safely and enjoyably into the mountains
- ▶ Combination of classroom and field sessions
- ▶ First step to becoming an instructor for the Adventure Sports Center

Spring Break Programs

- ▶ Advertising and signup for Spring Break Programs will occur in mid-September.
- ▶ Check your smcvt.edu email and follow our social media to learn more.



Saint Michael's College
The Adventure Sports Center
One Winooski Park, Box 324
Colchester, VT 05439
Adventuresports@smcvt.edu
802.654.2614