Dear Student,

You have been identified as a close contact of a student who recently tested Positive for COVID. We want to provide information and reassurance at this time. Please take a moment to breathe and remember, this is not unusual during a pandemic. This is why we test students frequently—so we can initiate a plan swiftly to control the spread of the virus. We are fully prepared to support you during this time.

**Guidance for Close Contacts**

The guidance below reflects recently updated information for people to follow post exposure.

- We DO ask that you wear a mask around others for the next 10 days which includes all buildings and all social situations.

- We also ask that you watch/monitor for symptoms. If you develop any symptoms, test yourself or contact Bergeron Wellness Center at healthservices@smcvt.edu to schedule a test.

- Test for Covid-19, 5 days after your most recent exposure, regardless of vaccination status. Bergeron Wellness Center can perform this test for you with a PCR or you can take 2 rapid antigen tests 48 hours apart.

- Counselors are available to support you during this time. You can call the Bergeron Wellness Center at 802-654-2234 to schedule an appointment via zoom.

The Bergeron Wellness Center and the entire St. Mike’s community are thinking of you and wishing you well.