

Fall 2023 Programs

<i>Saturday</i> September 2	▶ Day Hike ▶ Sea Kayak for First Year & Transfer Students
<i>Sunday</i> September 3	▶ Rock Climbing for First Year & Transfer Students
<i>Monday & Tuesday</i> September 4 & 5	▶ Mountain Leader Course Information Sessions
<i>Saturday</i> September 9	▶ Day Hike for First Year & Transfer Students ▶ Fundamentals of Rock Climbing
<i>Sunday</i> September 10	▶ Mountain Biking for First Year & Transfer Students ▶ Day Hike ▶ Fundamentals of Sea Kayaking
<i>Saturday</i> September 16	▶ Fundamentals of Sea Kayaking ▶ Day Hike ▶ Whitewater Rafting
<i>Sunday</i> September 17	▶ Fundamentals of Rock Climbing
<i>Saturday</i> September 23	▶ Fundamentals of Mountain Biking
<i>Sunday</i> September 24	▶ Day Hike
<i>Saturday</i> September 30	▶ Women's Only Rock Climbing ▶ Day Hike
<i>Sunday</i> October 1	▶ Fundamentals of Rock Climbing for Sophomores ▶ Fundamentals of Sea Kayaking
<i>Saturday</i> October 7	▶ Fundamentals of River Kayaking ▶ Fundamentals of Mountain Biking
<i>Sunday</i> October 8	▶ Fundamentals of Rock Climbing ▶ Day Hike
<i>Sunday</i> October 22	▶ Day Hike ▶ Fundamentals of Whitewater Kayaking
<i>Saturday</i> October 28	▶ Day Hike ▶ Fundamentals of Whitewater Kayaking
<i>Saturday & Sunday</i> November 4 & 5	▶ Wilderness First Aid
<i>Wednesday</i> November 29	▶ Sugarbush Pass Sales End

Winter 2024 Programs

<i>Saturday</i> January 20	▶ Fundamentals of Ice Climbing ▶ Sugarbush Van
<i>Sunday</i> January 21	▶ Day Hike
<i>Saturday</i> January 27	▶ Day Hike ▶ Sugarbush Bus
<i>Sunday</i> January 28	▶ Fundamentals of Mountaineering ▶ Sugarbush Bus
<i>Saturday</i> February 3	▶ Fundamentals of Mountaineering ▶ Sugarbush Van
<i>Sunday</i> February 4	▶ Women's Only Ice Climbing ▶ Day Hike ▶ Sugarbush Bus
<i>Saturday</i> February 10	▶ Day Hike ▶ Fundamentals of Ice Climbing ▶ Sugarbush Van
<i>Saturday</i> February 17	▶ Day Hike
<i>Sunday</i> February 18	▶ Sugarbush Van
<i>Saturday</i> February 24	▶ Fundamentals of Backcountry Skiing & Riding ▶ Fundamentals of Ice Climbing ▶ Day Hike
<i>Sunday</i> February 25	▶ Day Hike ▶ Sugarbush Van
<i>Saturday</i> March 2	▶ Fundamentals of Mountaineering ▶ Day Hike ▶ Sugarbush Van
<i>Sunday</i> March 3	▶ Fundamentals of Mountaineering
<i>Saturday-Sunday</i> March 9-16	▶ Spring Break: Backpacking in the Grand Canyon
<i>Saturday</i> March 23	▶ Sugarbush Van



Interested in Learning More?

- ▶ Drop by the Adventure Sports Center Office on the Ground Floor of Alumni Hall North. Monday-Thursday: 10 am - 2 pm and Friday: 10 am - 12 noon
- ▶ Follow us on Instagram @smcadventure
- ▶ Like the Adventure Sports Center on Facebook
- ▶ Sign up for the Adsports email distribution list
- ▶ Grab a "Guide to Adventure" for in-depth descriptions.

What's Included on Trips:

- ▶ State of the sport instruction from our student instructors and professional staff
- ▶ Transportation
- ▶ Technical equipment and clothing

Sign Up

- ▶ Registration for all programs starts 3 weeks before the trip at the Adventure Sports Center Office.
- ▶ Payments (Cash, Knight Card, Credit/Debit Card) due at registration.
 - Hikes: \$5
 - Kayaking, mountain biking, climbing: \$15
 - Whitewater Rafting: \$105

Sugarbush Passes

- ▶ Sales of Sugarbush Passes occur early October until Wednesday, November 30th.
- ▶ Check your smcvt.edu email and follow our social media to learn more.

Mountain Leader Course

- ▶ Learn to go safely and enjoyably into the mountains
- ▶ Combination of classroom and field sessions
- ▶ First step to becoming an instructor for the Adventure Sports Center

Spring Break Programs

- ▶ Advertising and signup for Spring Break Programs will occur in mid-September.
- ▶ Check your smcvt.edu email and follow our social media to learn more.



Saint Michael's College
The Adventure Sports Center
One Winooski Park, Box 324
Colchester, VT 05439
Adventuresports@smcvt.edu
802.654.2614