



What is

POW?

POW (pronounced POW! instead of P.O.W.) stands for Pre-Orientation Welcome Program. It is an optional program that takes place over three days in early summer to welcome incoming students and give an idea of what life is like at college. POW gives new students the opportunity to make connections with other new students and upperclassmen, hear the experiences of people in the St. Mike's community, and enjoy the beauty and fun of Vermont in the summer. While there is a fee for attendance, financial aid is available for those who are in need.

POW is offered on

June
17-19

&

June
21-23

FAQ

What are we going to do on POW?

SO many things! Plan on lots of games and activities that you would expect at summer camp. We'll try and do activities outside, weather permitting. There will be a bonfire and time at the beach if you want to swim, so don't forget a bathing suit! There will also be time to connect with current St. Mike's students where you can ask questions and learn about their college experience. Be ready to connect, reflect, and have a good time!

Do I need to bring a sleeping bag and pillow?

Nope! The cabins where we will be staying at Saint Anne's Shrine have bunk beds that are super comfy and there will be pillows and blankets provided. There are also accessible ADA bathrooms and showers in every cabin.

I'm driving myself up. Can I leave my car at St. Mike's?

Sure thing! You'll be able to park in the Ryan Lot (right outside of the Dion Family Student Center), no problem.

Who can I talk to if I need to be picked up from the airport/bus stop/train station?

If you're flying into the BTV airport, call the Student Activities office beforehand (802.654.2568) and we'll plan to send someone from the office to come pick you up. If you are carless, Megabus and Amtrak are also good options for the bus/train to get to the Burlington area.



I'm coming up early. Will there be a place to stay on campus?

If you're coming up early, such as on Sunday or Thursday night, let us know and **we'll find a place for you to stay** on campus for the night.

Will there be any drugs or alcohol on this trip?

This is a substance-free program. We want you to be in the moment with us and the use of drugs or alcohol will only inhibit that. These substances will not be tolerated. If anyone is caught with drugs or alcohol they will be sent home.

I have some dietary restrictions. Will there be food for me?

Of course! The kitchen staff is awesome and we will be sure to have good food that will work with everyone's dietary needs- whether you are gluten-free, lactose intolerant, or vegetarian/vegan. Just send us an email with your dietary restrictions or food allergies and we will be sure to accommodate you.

I have a disability. What is accessibility like at Saint Anne's Shrine?

We want to make sure that all students are empowered and have access to the all experiences and opportunities on this POW trip. In addition to the cabins and main hangout spaces being ADA accessible, we also make individual accommodations as needed and as requested. If you have questions or concerns, please reach out to kbarry3@smcvt.edu.

I have daily medication I need to take. Is it going to be one of those things where you hold on to it?

We won't be taking your medication from you - **you keep it and take it as you need it.** We just want to know what it is in case of an emergency, so please let us know on the registration form. Please also give us an emergency contact on the registration form too.

